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# Breastmilk and Breastfeeding the USDA Child Nutrition Programs



Kelley Knapp, MS RD  
California Department of Education  
Nutrition Services Division



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# Overview of the USDA Child Nutrition Programs (CNPs)

- Programs included the CNPs
  - **Child and Adult Care Food Program**
  - National School Lunch and School Breakfast Programs
  - Summer Food Service Program
  - Special Milk Program



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# The CACFP in California 2011-12 Child Care Highlights

- Approved CACFP sites (centers & homes): **over 23,500**
- Total meals and snacks served: **over 165 million**
- Total reimbursement to CACFP center and home providers: **nearly \$273 million**



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# Current Federal Reimbursement Rates Child Care Centers

	Free	Reduced	Base
Breakfast	1.58	1.28	.28
Lunch/Sup.	3.18	2.78	.53
Snacks	.80	.40	.07



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# Current Federal Reimbursement Rates Day Care Homes

	Breakfast	Lunch/Supper	Snacks
Tier I	\$1.28	2.40	.71
Tier II	.47	1.45	.19



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# Meal Patterns

- **Infant Meal Pattern**
  - Same for all Programs
  
- **CACFP Meal Pattern for Older Children**
  - Specific to the CACFP



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# Infant Meal Pattern Highlights

- Breastmilk is encouraged and has cost benefits to CACFP providers.
- Meals (B,L,D) containing only breastmilk are reimbursable from birth through seven months.
- Snacks containing only breastmilk are reimbursable through 11 months.



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# CACFP Older Children's Meal Pattern

- Breastmilk can be substituted for cow's milk when a child is over one year of age
- Some exceptions to the meal pattern (such as water or juice as a milk substitute) require a medical statement





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# Are These Meals Reimbursable in the CACFP?

Please see your handout and  
complete Scenarios 1-4





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# Scenario 1

**No, this meal is not reimbursable.**

The meal is not reimbursable because the CACFP facility has not provided some type of "service."



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## Scenario 2

**Yes, this meal is reimbursable.**

The CACFP facility provided the iron-fortified infant cereal and the parent provided the breast milk. The infant received a complete meal.



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# Scenario 3

**No, this meal is not reimbursable.**

This meal is not reimbursable because the infant has not been served a complete meal (this infant is developmentally ready for infant cereal and fruit/vegetable)



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# Scenario 4

**Yes, this meal is reimbursable.**

The CACFP facility has paid for at least one component (finely shredded chicken breast and peaches) and the infant has received a complete meal.



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# What's New?

- Updated CACFP meal patterns from USDA
  - Infants
  - Older Children
  - Older Adults
- Proposed rule expected in Spring 2014

## MEAL PATTERN FOR CHILDREN

<b>BREAKFAST</b>	Children 1 and 2 years	Children 3 through 5 years	Children 6 through 12 years
Milk, fluid	1/2 cup	3/4 cup	1 cup
Juice, fruit or vegetable	1/4 cup	1/2 cup	1/2 cup
<b>Bread or cereal:</b>			
Bread; enriched or whole grain	1/2 slice	1/2 slice	1 slice
Cereal; cold, dry or hot, cooked	1/4 cup or 1/3 ounce	1/3 cup or 1/2 ounce	3/4 cup or 1 ounce
	1/4 cup	1/4 cup	1/2 cup
<b>SNACK (select 2 of 4 components)</b>			
Milk, fluid	1/2 cup	1/2 cup	1 cup
Meat or meat alternate	1/2 ounce	1/2 ounce	1 ounce
Juice, fruit or vegetable	1/2 cup	1/2 cup	3/4 cup
<b>Bread or cereal:</b>			
Bread; enriched or whole grain	1/2 slice	1/2 slice	1 slice
Cereal; cold, dry or hot, cooked	1/4 cup	1/3 cup	3/4 cup
	1/4 cup	1/4 cup	1/2 cup
<b>LUNCH OR SUPPER</b>			
Milk, fluid	1/2 cup	3/4 cup	1 cup
<b>Meat or meat alternate</b>			
Meat, poultry or fish, cooked (lean meat without bone)	1 ounce	1 1/2 ounces	2 ounces
Cheese	1 ounce	1 1/2 ounces	2 ounces
Cottage Cheese, cheese food or cheese spread	2 ounces or 1/4 cup	3 ounces or 3/8 cup	4 ounces or 1/2 cup
Egg	1	1	1
Cooked dry beans/peas	1/4 cup	3/8 cup	1/2 cup
Peanut Butter or other nut or seed butters	2 tablespoons	3 tablespoons	4 tablespoons
Nuts and/or seeds	1/2 ounce = 50%	3/4 ounce = 50%	1 ounce = 50%
Yogurt, plain or flavored, unsweetened or sweetened	4 ounces or 1/2 cup	6 ounces or 3/4 cup	8 ounces or 1 cup
<b>Vegetable and/or fruit</b>			
2 or more	1/4 cup total	1/2 cup total	3/4 cup total
<b>Bread or bread alternate</b>			
Enriched or whole grain	1/2 slice	1/2 slice	1 slice



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# Submitting Comments to USDA on the Proposed Rule

- Check USDA's website for updates:

<http://www.fns.usda.gov/cacfp/child-and-adult-care-food-program>

- Sign up to receive CACFP e-mail updates from the CDE/NSD:

<http://www.cde.ca.gov/ls/nu/cc/cacfpmail.asp>



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# Online Resources

- CDE Nutrition Services Division

<http://www.cde.ca.gov/ls/nu>

- USDA Team Nutrition

<http://www.fns.usda.gov/team-nutrition>

- National Food Service  
Management Institute (NFSMI)

[www.nfsmi.org](http://www.nfsmi.org)





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# Contact Information

Kelley Knapp, MS RD  
California Department of Education  
Nutrition Services Division  
Education & Nutrition Policy Unit

[kknapp@cde.ca.gov](mailto:kknapp@cde.ca.gov)

916-445-6774



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# Questions for the Panel?

