To promote, protect, and support breastfeeding worldwide

830,000 deaths could be avoided if every baby were breastfed within the first hour of Life.
—The Save the Children Fund, 2013
Breastfeeding...The Most Effective Life-saver in History

Thinking that baby formula is as good as breast milk is believing that thirty years of technology is superior to three million years of nature’s evolution.

—Christiane Northrup, MD

Diplomat, American Board of Obstetrics and Gynecology

Our Goals
- Physician education
- Expansion of knowledge in breastfeeding science
- Facilitation of optimal breastfeeding practices
- Encouragement of the exchange of information among key organizations

About the Academy of Breastfeeding Medicine
With members in more than 50 countries around the world, the Academy of Breastfeeding Medicine is the only physician member organization of its kind. Since its founding in 1995, we have been committed to making sure that physicians and other health professionals, including advanced practice nurses, registered nurses, lactation consultants, and midwives among others, are equipped to meet the challenge of tackling this 21st century global health issue—to advance breastfeeding worldwide.

As we approach our 20th anniversary, ABM’s reach is broadened by its strong communications and social media presence. Our team effectively uses a wide variety of communications portals in which to share critical information, connect our members, and grow support for breastfeeding. These include: the ABM member listerv, Facebook, Google+, LinkedIn, and Twitter, press releases, print and broadcast interviews, and other platforms. In addition, the global reach of Breastfeeding Medicine, our official peer-reviewed journal, is extensive in print, online, and with complimentary online access in 106 developing countries. For complete Journal details and to read a sample issue, visit www.liebertpub.com/bfm.

Our Partners and Colleagues
ABM is affiliated with the United Nations Department of Public Information, the NGO Committee on Public Information, and has consultative status with ECOSOC. We are a core partner of the World Alliance for Breastfeeding Action and a member of the United States Breastfeeding Coalition. ABM and its physician members are represented in many public agencies and physician associations, as well as the International Lactation Consultant Association and International Board of Lactation Consultant Examiners. We support the WHO International Code of Marketing of Breastmilk Substitutes. ABM is a partner of 1,000 Days, a nonprofit organization that works to break the cycle of poverty by improving nutrition for mothers and children during the 1,000 days between a woman’s pregnancy and her child’s 2nd birthday.

Our Work on Behalf of Mothers and Babies Worldwide

Clinical Protocols and Policy Statements
ABM continues to develop evidence-based Clinical Protocols and Statements for the care of breastfeeding mothers and infants. They are published in Breastfeeding Medicine and are available on AHRQ’s National Guideline Clearinghouse website. To date, our protocols all have been translated into Spanish and many have been translated into Chinese, Korean, Japanese, German, and other languages as well.

Annual International Meeting on Breastfeeding Medicine
A cornerstone activity of ABM is its Annual International Meeting for physicians, healthcare professionals, and students. World-class leaders in research and clinical medicine provide the most authoritative, up-to-date, evidence-based information on breastfeeding, making it immediately applicable to clinical practice. Our signature pre-conference course, “What Every Physician Needs to Know About Breastfeeding,” developed by leading physicians to supplement gaps in breastfeeding knowledge and skills, is designed to teach breastfeeding fundamentals to physicians and allied healthcare professionals. The annual conference is a leading accredited continuing education activity, addressing both maternal and child health issues. It offers opportunities for professional development, skills-building, and networking through its plenary sessions, interactive workshops on “hot button” or emerging issues in breastfeeding medicine, abstract presentations, and other featured events.

Annual Summit on Breastfeeding
First Food: The Essential Role of Breastfeeding
With the goal of each year’s Summit to bring high-level visibility to the need for increased support of breastfeeding, this invitation-only forum convenes about 100 health and policy leaders representing key stakeholders in maternal and child health. Representatives across all sectors, including government, nonprofits, industry, academia, and local communities and across disciplines, including medicine, nursing, public health, policy, research, and social marketing, attend this vital convening. It is this collaboration that allows us to effectively address the unique and shared voices of our nation’s most vulnerable populations. Since 2009, the Summits have a tangible impact on public health legislation, policy, and programs across the country.
Our Mission

Founded in 1995, the Academy of Breastfeeding Medicine is an independent, self-sustaining, international physician organization dedicated to the promotion, protection, and support of breastfeeding. Our mission is to unite members of the various medical specialties with this common purpose.

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Breastfeeding Medicine
The Authoritative, Peer-Reviewed Journal that Enables Physicians to Better Understand the Complexities and Benefits of Breastfeeding

Created by physicians and dedicated to the advancement of breastfeeding worldwide, Breastfeeding Medicine answers the growing demand for high-quality, evidence-based research on breastfeeding. This academic, peer-reviewed journal focuses on all medical aspects of breastfeeding, explores the immediate outcomes of breastfeeding, and addresses the wide spectrum of research and clinical applications that impact optimal care of mother and infant. For complete Journal details and to read a sample issue, visit www.liebertpub.com/bfm

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