



The Los Angeles Mommy and Baby Project

Healthy Mommies and Healthy Babies



Los Angeles Mommy and Baby Project (LAMB) and LAMB Follow Up Projects and Breastfeeding Data

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Project Background



- Why do we need LAMB
 - Birth certificate data is very limited and delayed
 - Need local data to help our department and community partners identify at-risk groups and develop programs/policies
 - Can be used to show baseline data and provide justification for grant applications
 - LAMB began surveying mothers throughout the county in 2005



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Project Background



- Los Angeles Mommy and Baby Project
 - Population based survey of women who have recently delivered a live birth (n>6000 mothers/year)
 - Collects information about factors and events that may influence a woman's pregnancy and birth outcomes
 - Stratified random sample (Age, Race, and SPA) to ensure adequate numbers for sub-analysis
 - Mothers are contacted 3-6 months after they deliver a live infant
 - LAMB is grant funded. We have received funding most recently from First 5 LA and are currently seeking new funding



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Project Questions



- Questions in the LAMB survey are primarily drawn and adapted from previously validated survey instruments
- Questions are modified as needed with input from our community and government collaborators
- Breastfeeding questions were originally based on the national Pregnancy Risk Assessment Monitoring System (PRAMS – National Survey)
- 2014 and 2016 use breastfeeding questions adapted from Maternal Infant Health Assessment (MIHA - CA)



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Current Breastfeeding Questions



- Breastfeeding discussed at PNC
- Things that may affect breastfeeding (delivery method, depression during and after pregnancy)
- Exclusive and any breastfeeding at 1 week, 1 month, and 3 months
- Reasons for stopping breastfeeding
- Breastfeeding encouragement (PNC visits, hospital, well-baby visits)
- Co-sleeping and reasons (easier to breastfeed)
- Breastfeeding discussed at postpartum checkup
- Discrimination due to breastfeeding



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LAMB Follow Up



- LAMB Follow Up
 - Survey of all mothers who complete the LAMB survey two years after the index birth
 - Collects information about factors and events that influence mothers and toddlers
- Breastfeeding Questions:
 - Introduction of liquids other than breast milk
 - Breastfeeding support
 - Age baby stopped breastfeeding
 - Reasons for stopping
 - Employer lactation accommodations



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Collaborative Work



- 2013 Health Brief: “Breastfeeding in Los Angeles County: Exploring Mother’s Barriers to Initiation of Breastfeeding and Reasons for Stopping”
 - LA Best Babies Network, DPH MCAH (LAMB), Breastfeed LA

- 2013 Health Brief: “Provider Encouragement Impacts Breastfeeding Initiation and Continuation in Los Angeles County.”
 - LA Best Babies Network, DPH MCAH (LAMB), Breastfeed LA



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CA Data Resources



- Maternal and Infant Health Assessment

- Newborn Screening (NBS) Program

- Maternity Practices in Infant Nutrition and Care
 - <http://www.cdph.ca.gov/data/statistics>

- Ask your local Public Health Department



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Contact



- For additional LAMB information please visit www.LALamb.org
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