

Carol Melcher, MPH, BS, RN

CALIFORNIA DREAMIN': COMMUNITIES MOVING BEYOND THE HORIZON

Thank you...for bringing us together



- ⦿ A reflection on the past
- ⦿ A course forward

Woven through every conversation over the past few days I hear the words...

- ⦿ EDUCATION
- ⦿ PROGRESS
- ⦿ BABY-FRIENDLY
- ⦿ STANDARDS
- ⦿ RESEARCH
- ⦿ INNOVATION
- ⦿ “MOTHERBABY”
- ⦿ LEADERSHIP
- ⦿ MENTORING

Nearly every step we take along this “March”, can be traced back to those before us.

“Dr. Audrey Naylor, a teacher, mentor and friend to many in the lactation field worldwide, transitioned from our earthly presence on June 23, 2016”.

Many of us will miss her dearly.

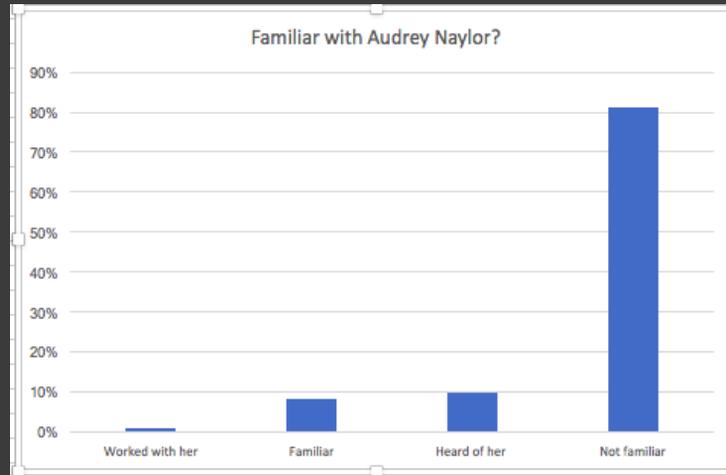
A tribute to Dr. Audrey Naylor



“Due diligence”

- “Know the facts”
- “Start where you are at”
- “Refrain from making assumptions”

As a tribute to Audrey, I did my homework



Convenience Sample, Summit Data Workshop 2017 N=112

Audrey's beginning

Audrey's interest in this area had been awakened by Paul Fleiss, a dedicated pediatrician. *"I always remember the first time I met him at the series of **seminars** he gave in 1976-1977 with Kittie Frantz. They changed my life forever!*

*I went back and **taught** the maternity nurses in SD some of what I had learned in these seminars and that was the beginning of the **10 Steps and Baby Friendly.**"*

Global Impact

In 1991, Audrey was invited to participate in discussions to operationalize the **Innocenti Declaration**. Audrey contributed greatly to two important outcomes: an **award for hospitals that actually practiced the Ten Steps**, which later became the Baby-Friendly Hospital Initiative (BFHI), and the launch of the **World Alliance for Breastfeeding Action (WABA)**.

Other major contributions

Founding member of the Academy of Breastfeeding Medicine,
the United States Breastfeeding Committee and
California Breastfeeding Promotion Advisory Committee.

Her friends from WABA...

“Audrey brought so many gifts to the breastfeeding world - my favorite is her term "MotherBaby" which she very simply stated that there is no separation of mother and baby”.

My friend Audrey

- State of California Breastfeeding Promotion Advisory Committee- 1996
- **San Bernardino County** and Wellstart International 1998
- She endorsed the **Model Hospital Policies** from San Bernardino County which is now part of Senate Bill 402.

As a mentor...



Dr. Audrey Naylor

Audrey inspired me:

Audrey believed that breastfeeding is a 'sensitive physiology'. *"When it isn't going well, and the mother gets anxious, worried and tired, the physiology doesn't work well. It's usually at those times that someone gives the baby a bottle."*

As a leader....



Final thoughts

- Remember those who have built the structures we are standing on.
- Mentor those less experienced than yourself.
- And seek wisdom from those who can mentor you.
- Most of all, dream big !

March on....Beyond the Horizon



Thank You