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# CALIFORNIA DREAMIN': COMMUNITIES MOVING BEYOND THE HORIZON

Thank you...for bringing us together



- ⦿ A reflection on the past
- ⦿ A course forward

Woven through every conversation over the past few days I hear the words...

- ⦿ EDUCATION
- ⦿ PROGRESS
- ⦿ BABY-FRIENDLY
- ⦿ STANDARDS
- ⦿ RESEARCH
- ⦿ INNOVATION
- ⦿ “MOTHERBABY”
- ⦿ LEADERSHIP
- ⦿ MENTORING

Nearly every step we take along this “March”, can be traced back to those before us.

“Dr. Audrey Naylor, a teacher, mentor and friend to many in the lactation field worldwide, transitioned from our earthly presence on June 23, 2016”.

*Many of us will miss her dearly.*

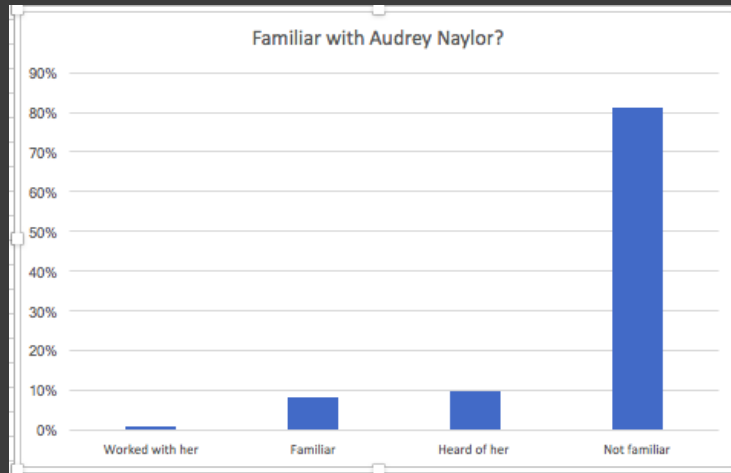
## A tribute to Dr. Audrey Naylor



### “Due diligence”

- “Know the facts”
- “Start where you are at”
- “Refrain from making assumptions”

## As a tribute to Audrey, I did my homework



Convenience Sample, Summit Data Workshop 2017 N=112

## Audrey's beginning

Audrey's interest in this area had been awakened by Paul Fleiss, a dedicated pediatrician. *"I always remember the first time I met him at the series of **seminars** he gave in 1976-1977 with Kittie Frantz. They changed my life forever!*

*I went back and **taught** the maternity nurses in SD some of what I had learned in these seminars and that was the beginning of the **10 Steps and Baby Friendly.**"*

## Global Impact

In 1991, Audrey was invited to participate in discussions to operationalize the **Innocenti Declaration**. Audrey contributed greatly to two important outcomes: an **award for hospitals that actually practiced the Ten Steps**, which later became the Baby-Friendly Hospital Initiative (BFHI), and the launch of the **World Alliance for Breastfeeding Action (WABA)**.

## Other major contributions

Founding member of the Academy of Breastfeeding Medicine,  
the United States Breastfeeding Committee and  
California Breastfeeding Promotion Advisory Committee.

## Her friends from WABA...

“Audrey brought so many gifts to the breastfeeding world - my favorite is her term "MotherBaby" which she very simply stated that there is no separation of mother and baby”.

## My friend Audrey

- State of California Breastfeeding Promotion Advisory Committee- 1996
- **San Bernardino County** and Wellstart International 1998
- She endorsed the **Model Hospital Policies** from San Bernardino County which is now part of Senate Bill 402.

As a mentor...



Dr. Audrey Naylor

Audrey inspired me:

Audrey believed that breastfeeding is a 'sensitive physiology'. *"When it isn't going well, and the mother gets anxious, worried and tired, the physiology doesn't work well. It's usually at those times that someone gives the baby a bottle."*



As a leader....



## Final thoughts

- Remember those who have built the structures we are standing on.
- Mentor those less experienced than yourself.
- And seek wisdom from those who can mentor you.
- Most of all, dream big !

## March on....Beyond the Horizon



Thank You