



Update: 2017 Concerns for Breastfeeding

Everything From Marijuana Use to Social Media

Thursday, March 30, 2017

8:30 a.m. to 4:30 p.m.

at The Public Health

Training Center

1725 W.17th Street

Building 1729 E

Santa Ana, CA 92706

Featured Speaker and Topics

Laurel Wilson,

IBCLC, BSc, CLE, CCCE, CLD

Laurel Wilson is an author, international speaker and pregnancy and lactation expert. She serves as the Executive Director of Lactation Programs for the Childbirth and Postpartum Professional Association. She is on the Board of Directors for the US Breastfeeding Committee.

Topics for the day include:

- ◆ *Milk Sharing: The Gray Area Between Scope and Need*
- ◆ *Marijuana and Breastfeeding-The Potential Impact of Cannabis on the Infant*
- ◆ *Can a Baby Be Allergic to Breastmilk? Lactose Intolerance, Allergies, Sensitivities and Galactosemia*

Registration Fees:

Early Bird \$80 (up to 03/24)

Regular: \$90 (03/25-03/30)

Hard Copy Handouts \$20/Packet

LUNCH IS ON YOUR OWN

Light refreshments provided throughout

Refunds will be made for non-attendance upon request

[Register online directly from our website:](http://www.ocbreastfeedingcoalition.org)

www.ocbreastfeedingcoalition.org

This event has been brought to you by the generous contributions of the following organizations:

Application for CERPs has been submitted to the IBCLE

Approval pending by the California

Board of Registered Nursing, Provider No. CEP 5694

for 5 contact hours.

Provider: County of Orange Health Care Agency.



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Preliminary Agenda

Laurel Wilson, IBCLC, BSc, CLE, CCCE, CLD

8:30 to 8:45	Registration and Light Breakfast
8:45 to 9:00	Welcome Message
9:00 to 10:00	Milk Sharing: The Grey Area Between Scope and Need
10:00-10:15	Break
10:15 to 11:45	Marijuana and Breastfeeding-The Potential Impact of Cannabis on the Infant
11:45-12:00	Questions and Discussion of morning sessions
12:00-1:15	Lunch
1:15-1:25	Announcements
1:25 to 2:25	Can a Baby Be Allergic to Breastmilk? Lactose Intolerance, Allergies, Sensitivities and Galactosemia
2:25-2:30	Break, take as needed throughout the afternoon session
2:30-4:00	Social Media and the Pregnant and Lactating Woman
4:00-4:15	Questions and Discussion
4:15-4:30	Evaluations, Continuing Education certificates and CERP information

This program is intended for Health Care Providers including MDs, RNs, IBCLCs and other interested community members.

Educational Objectives

By the end of this event, participants will:

- Identify at least 2 social/cultural needs for peer to peer milk sharing.
- List the four pillars of milk sharing.
- Describe at least one risk and benefit of peer to peer milk sharing.
- List three potential risks to the newborn from chronic marijuana use during breastfeeding.
- Define the endocannabinoid system.
- Identify two reasons marijuana has a particular affinity for accessing breastmilk.
- State at least two open ended questions to use when discussing marijuana use and breastfeeding with their clients/patients.
- Identify three main types of lactose intolerance.
- List two reasons lactose intolerance as a diagnosis in a healthy, term newborn is unlikely.
- Define galactosemia.
- List four most common foods that can cause food sensitivity/allergy for the breastfeeding newborn.
- Identify at least three ways moms are using social media during their pregnancy, labor and early parenting.
- Identify two positive and negative impacts of social media on pregnant and breastfeeding women.

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