Hospital Breastfeeding Support:
Sierra View Medical Center (Porterville)
(559) 791-3701
Text: (559) 560-6128
Services Offered:
- Helpline*
- Support Group*
- Outpatient/Drop-in Services*
- Shared Childbirth/Breastfeeding Class*
Kaweah Delta Nursery Nook (Visalia)
(559) 624-6012
Services Offered:
- Breastfeeding Supplies
- Outpatient Appointments
- Shared Childbirth
- Breastfeeding Classes*
- Helpline: (559) 624-2163
*Free services

International Board Certified Lactation Consultants (Private Practice):
Coleen Salazar, BA, IBCLC, LCCE
Experience Birth & Beyond
(559) 697-5721
Gloria Pierson, RN, IBCLC
Hapy Bear Lactation Services
(559) 967-4225
Noreen Siebenaler, RN, MSN, IBCLC
(559) 623-3431
Cathy Porter, BA, IBCLC
From Heart 2 Tummy
(559) 904-7222

Community Organizations:
Tulare County WIC
Breastfeeding Helpline: (800) 360-8840
Mon-Thurs: 7:30-5:30 pm; Fri: 8-12 pm
La Leche League
Tulare/Visalia:
(661) 446-4332 (Stacie)
Bakersfield (Spanish):
(661) 213-2183 (Blanca)

Health Clinics:
Altura Centers for Health:
Michelle De Leon (IBCLC):
(559) 686-9097 Ext 4703
Individual Support
Group Support/Classes
Family Health Care Network:
Sylvia Garrett (CLE):
(559) 741-4320
Breastfeeding Classes

Online Resources:
Visalia Birth Network
www.visaliabirthnetwork.com
KellyMom Parenting & Breastfeeding
www.kellymom.com
Childbirth Resources
www.childbirthresourcenetwork.org
Working and Breastfeeding
www.workandpump.com
Human Milk Donations
www.mothersmilk.org
Medications & Breastfeeding
www.infantrisk.com
Mother to Baby
http://www.mothertobaby.org/

Apps:
Breastfeeding Solutions
Nancy Mohrbacher
Lactmed
Medications & Breastfeeding
LatchME
Dr. Jonathon Goldfinger

(03/2016 Revision)