Taught by experienced IBCLCs, this training curriculum was built from scratch to ensure that trainees receive a well-rounded, thorough background in human lactation - now Online!

This course of study serves to provide didactic education in lactation management to the health care provider and/or aspiring IBCLC. It has been specifically created to serve the needs of training hospital and birth facility staff in promoting the Ten Steps to Exclusive Breastfeeding.

Who Should Attend Lactation Counselor Training?

In short, anyone who provides (or is in training to provide) health and wellness care to families! This includes physicians, registered nurses, midwives, registered dietitians, occupational therapists, speech language pathologists, community health educators, case managers, home visitors, public health students, and all others interested in supporting and advocating for families in the initiation and maintenance of breastfeeding.
ILC Training Includes

Basic breastfeeding management techniques and knowledge such as positioning, latch, physiology and hormones of lactation, milk production, common challenges, counseling skills, adult education techniques, creation of a prenatal breastfeeding curriculum, plus more!

Upon completion of ILC training, which includes passing a post-course test, an individual trained as an ILC may be responsible for providing counseling, support, and education in basic breastfeeding management, teaching a prenatal breastfeeding class, answering questions from breastfeeding families and the community, and more, depending on the setting in which the ILC is employed or volunteering their services.

Our students have gone on to work in many health care settings.

A holistic view of human lactation as a wellness strategy for families creates a deeper understanding and commitment in ILC trainees.

Dynamic, engaging activities bring the information to life and inspire passion and purpose in our ILC training!

Most health care providers are not given the opportunity to extensively study human lactation during their own educational process, and ILC training is the perfect solution!

A 45-hour course like the ILC training is an excellent foundation and entry into a career in lactation support. No prerequisites are required to take the ILC course. It is appropriate for any individual with a high school diploma or GED-equivalent. There are light homework assignments. Completion of the course requires attendance for all 45 hours of instruction, participation, completion of homework, and passing a post-course test.

CALI is a continuing education provider approved by the California Board of Registered Nursing, Provider #17133. This event is approved for 54 contact hours. Licensee must maintain certificate for a period of 4 years.

Course Fee $600

There are no additional or hidden costs for this course. All learning materials are included. All classes are presented online.

Apply Today at www.ChristineStaricka.com

The Faculty of California Advanced Lactation Institute
Leslie Bloomquist, RNP - WNC, IBCLC, RLC
Adrienne Guirguis, IBCLC, RLC, CCE, CSOM
Christine Staricka, BS, IBCLC, RLC, CCE(ACBE)

Dedicated, Experienced, and Currently Practicing IBCLCs

Working with families every day keeps our practice and our curriculum current and relevant. There is no substitute for learning from instructors who are working in the field with families and the public.

Ethics and Independence

All faculty of CALI adhere to the International Code of Marketing of Breastmilk Substitutes (the WHO Code) in all courses, activities, and materials. Questions or concerns regarding course content or activities may be submitted via email to christineibclc@outlook.com.