SPEAKER BIO’S

Dr. Demedre L. Barnes, PhD., MSW
- Clinical Social Worker, Women’s and Children Units, St. Mary Medical Center
- California Children Services (CCS) Social Work Provider
- Adjunct Professor, Loma Linda University and California Baptist University Schools of Social Work

Sommer Hail, MA, PCCA
- Mental Health Counselor, St. Mary Community Health Center
- Nurturing Parenting Program Facilitator and Case Manager
- Former Head Start Program teacher and family liaison
- Trained in Perinatal Mental Health, Trauma-Informed and Mindfulness Based Therapies

Wendy Johnson, BSN, RN, IBCLC
- Lactation Consultant, St. Mary Mommy & Me
- Inpatient and Outpatient Lactation Support, Education and Outreach

Dr. Ernelyn (“Ernie”) Navarro, DM, LCSW, BCC, CDWF
- Manager, Community Programs and Services, St. Mary Medical Center
- Past President and Board of Director for California Breastfeeding Coalition,
- Leadership Coach and Organizational Development Consultant/Trainer
- Community Resiliency Model Teacher, Trauma Resource Institute
- Adjunct Faculty, University of Southern California, School of Social Work