

Revitalizing Culture through Breastfeeding and Chestfeeding

Kimberly Moore-Salas, IBCLC , Amanda Singer,
CLC, Briana Groten, BSN, IBCLC , Natasha Bowman



THURSDAY, AUG 12TH | 10AM-12:30PM

In Celebration of Native Breastfeeding Week

**EARLY BIRD \$25 UNTIL AUGUST 4TH AND \$40 GENERAL
REGISTRATION**

Register at: <https://bit.ly/NativeBFWeek>

The webinar recording will be available for 45 days to people who register for the live event whether or not they attend the live event.

Description

Join us with speakers Kimberly Moore-Salas, IBCLC and Amanda Singer, CLC from the Navajo Breastfeeding Coalition. Together they will present a powerful discussion on the ancestral teachings around breastfeeding/ chestfeeding in the Navajo culture in honor of Native Breastfeeding week. They will discuss how cultural practices in breastfeeding have been interrupted due to colonization and how we can contribute towards cultural revitalization in breastfeeding/ chestfeeding. In addition, they will be joined by panelists, Briana Groten and Natasha Bowman, indigenous birth assistants, to further the conversation around ancestral breastfeeding/ chestfeeding practices.



Objectives

- Discuss the ancestral teachings around breastfeeding/ chestfeeding in Navajo culture
- Discuss how cultural practices in breastfeeding/ chestfeeding have been lost
- Discuss how we can continue to work towards cultural revitalization in breastfeeding/ chestfeeding



Agenda

10am- 10:40am: Breastfeeding/Chestfeeding Teachings in Navajo Culture

10:40am- 11:20am: The Impact of Colonization on Breastfeeding/Chestfeeding Practices

11:20am-12:00am: Cultural Revitalization in Breastfeeding/Chestfeeding

12:00pm-12:05pm: Break

12:05pm-12:30pm: Panelist Discussion and Q&A

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Continuing Education

RN: BreastfeedLA is an approved provider by the California Board of Registered Nursing. This course offers 2 contact hours of continuing education. BreastfeedLA's provider number is CEP 16435. Licensee must maintain certificate for a period of four years.

IBCLC: BreastfeedLA is an approved Long-Term Provider by the International Board of Lactation Consultant Examiners #CLT113-36. 1.75 L- CERPs will be awarded.

RDs & OTs: Maintain a copy of the agenda and certificate for CPEs for Professional Development Portfolio