



Tulare County Breastfeeding Coalition: Community Resource Directory

Congratulations!

We are here to answer your breastfeeding questions!

Hospital Breastfeeding Support:

Sierra View Medical
Center (Porterville)
(559) 791-3701

Text: (559) 560-6128

Services Offered:

- Helpline*
- Support Group*
- Outpatient/Drop-in Services*
- Shared Childbirth/Breastfeeding Class*

Kaweah Delta Nursery
Nook (Visalia)
(559) 624-6012

Services Offered:

- Breastfeeding Supplies
- Outpatient Appointments
- Shared Childbirth Class
- Breastfeeding Classes*
- Helpline*: (559) 624-2163
- *Free services

International Board Certified Lactation Consultants (Private Practice):

Coleen Salazar, BA,
IBCLC, LCCE

Experience Birth &
Beyond

(559) 697-5721

Gloria Pierson, RN,
IBCLC

Hapy Bear Lactation
Services

(559) 967-4225

Noreen Siebenaler, RN,
MSN, IBCLC

(559) 623-3431

Cathy Porter, BA,
IBCLC

From Heart 2 Tummy
(559) 904-7222



Community Organizations:

Tulare County WIC
Breastfeeding Helpline:
(800)360-8840

Mon-Thurs: 7:30-5:30 pm;
Fri: 8-12 pm

La Leche League
Tulare/Visalia:
(661) 446-4532 (Stacie)
Bakersfield (Spanish):
(661) 213-2183 (Blanca)

Health Clinics:

Altura Centers for Health:
Michelle De Leon (IBCLC):
(559) 686-9097 Ext 4703
Individual Support
Group Support/Classes

Family Health Care
Network:
Sylvia Garrett (CLE):
(559) 741-4320
Breastfeeding Classes

Online Resources:

Visalia Birth Network
www.visaliabirthnetwork.com

KellyMom Parenting &
Breastfeeding
www.kellymom.com

Childbirth Resources
www.childbirthresourcenetwork.org

Working and Breastfeeding
www.workandpump.com

Human Milk Donations
www.mothersmilk.org

Medications & Breastfeeding
www.infantrisk.com

Mother to Baby
<http://www.mothersmilk.org>

Apps:



Breastfeeding Solutions
Nancy Mohrbacher



Lactmed
Medications & Breastfeeding



LatchME
Dr. Jonathon Goldfinger