

Karolina Ochoa is a Mother-Baby nurse, International Board Certified Lactation Consultant, speaker and researcher. She has close to a decade of experience in serving breastfeeding families in both in-patient and outpatient setting. Karolina currently runs a successful Private Practice in the Inland Empire, California. Her areas of emphasis are clinical management of lactation, behavioral feeding aversions, as well as implementation and management of lactation programs in different healthcare settings. Karolina is passionate about addressing the inequality in access to lactation professionals across the US. She is a big advocate of extended maternity leave. Karolina lives with her Husband and two lively toddlers in Redlands, CA.

Nichelle Clark (she/her) is a Certified Breastfeeding Specialist (CBS), wife, and mother of one from Chesapeake, Virginia. She is the owner of SonShine & Rainbows Lactation Services. Born and raised in Upper Marlboro, MD, Nichelle joined the United State Navy in 2010 and served honorably for 7.5 years. In her spare time, she admins multiple online support groups for People of Color, providing breastfeeding support and lactation education to her local community. When she's not spending time with her husband and 2 year old son, she serves as a United States Lactation Consultant Association (USLCA) Advisory Board Member and International Lactation Consultant Association (ICLA) Equity Team Member.

Je'Miere Colbert is a mom of two Liam and Jendaya. She is currently serving in the military. She loves shooting photography in her free time. She is excited to help everyone learn about relactation during today!