

Orange County Breastfeeding Resources

Provider Name/Contact Information	Services				Multicultural Education Materials	Electric Pumps Rent/Loan	*Credentials CLE, CLC, IBCLC	Breastfeeding Helpline	Additional Languages
	Prenatal	Postpartum	1:1 Counseling	Peer Counseling					
Orange County Health Care Agency Public Health Community Nursing/Lactation Clinic 714-834-8363 www.ochealthinfo.com	X	X	X		X	X	CLE/CLC/ IBCLC	714-834-8363 English/Spanish 714-896-7375 Vietnamese	Spanish/Vietnamese/ Mandarin Chinese/Tagalog
La Leche League 877-laleche/877-452-5324 www.llli.org	X	X	X	X	X			9 a.m. – 8 p.m. 714-965-1182	Online: Spanish/ Chinese/Italian/ Russian
AltaMed 888-499-9303	X	X	X	X	X		CLE/IBCLC	24-hour nurse's line: 877-861-6718	Spanish/Urdu/ Farsi/Vietnamese/ Tagalog/Korean/Chinese
Office on Women's Health National Women's Health & Breastfeeding Helpline https://www.womenshealth.gov	X	X						1-800-994-9662 9am – 6pm Eastern Time/Mon - Fri	Interpreter available

Orange County Breastfeeding Resources

City/Area	Provider Name/Contact Information	Services				Multicultural Education Materials	Electric Pumps Rent/Loan	*Credentials CLE, CLC, IBCLC	Breastfeeding Helpline	Additional Languages
		Prenatal	Postpartum	1:1 Counseling	Peer Counseling					
Community-Based Breastfeeding Resources										
Countywide	MOMS Orange County 714-972-2610 800-787-5858 www.momsorangecounty.org	X	X	X	X	X		CLE	English/Spanish: 714-972-2610 Vietnamese: 714-352-3439	Spanish, Vietnamese
South County	South Orange County Family Resource Center 949-364-0500 www.socfr.org							CLC		Spanish, Vietnamese
South & West Orange County	La Leche League West OC https://sites.google.com/site/lalecheleaguewestoc/home Jan Hann 714-962-0795 Susan Aldana 562-301-4681 Hoda Shawky 310-384-3785 Melissa Byrd 949-246-9794 Amanda 714-313-7239 (text preferred)	X	X	X	X	X		IBCLC, CLECs		Spanish, Arabic
Northern CA	San Jose Mother's Milk Bank Phone: (408) 998-4550 Toll-free (877) 375-6645 www.mothersmilk.org			X		X	X	CLE		Spanish, Vietnamese, Chinese

Orange County Breastfeeding Resources

City/Area	Provider Name/Contact Information	Services				Multicultural Education Materials	Electric Pumps Rent/Loan	*Credentials CLE, CLC, IBCLC	Breastfeeding Helpline	Additional Languages
		Prenatal	Postpartum	1:1 Counseling	Peer Counseling					
WIC Program-Based Breastfeeding Resources										
North and Central County	County of Orange Health Care Agency WIC Program 714-834-8363 (BF Line) www.ochealthinfo.com/gov/health/phs/about/family/nutrition/wic	X	X	X		X	For WIC PPT	CLE, IBCLC	714-834-8363 English/Spanish 714-896-7375 Vietnamese	Spanish/ Vietnamese/ Mandarin/Chinese /Tagalog
South County	Camino Health Center WIC Program 949-488-7688 www.caminohealthcenter.org/wic/	X	X	X		X	For WIC PPT	CLE	Family Resource Center: 949-364-0500 Prenatal Classes through MOMs OC: 714-972-2610	Spanish, Farci Translation line available
Central County	Planned Parenthood WIC Program 714-973-2411 (English/Spanish) 714-894-1271 (English/Vietnamese) www.getwic.org	X	X	X		X	For WIC PPT	CLE, IBCLC	866-482-9573	Spanish/Vietnamese/Tagalog/Farsi
North and Central County	Public Health Foundation Enterprises WIC Program 888-942-2229 www.phfewic.org	X	X	X	X	X	For WIC PPT	CLE, IBCLC	888-278-6455	Spanish/Vietnamese/Korean

Orange County Breastfeeding Resources

City	Provider Name/Contact Information	Services				Multicultural Education Materials	Electric Pumps Rent/Loan	*Credentials CLE, CLC, IBCLC	Breastfeeding Helpline	Additional Languages
		Prenatal	Postpartum	1:1 Counseling	Peer Counseling					
Hospital-Based Breastfeeding Resources <i>(Most breastfeeding classes are online until further notice) *Denotes in person classes</i>										
Anaheim	Anaheim Regional Medical Center 714-774-1450 Class enrollment 844.856.1503 www.anaheimregionalmc.com	X	X	X	x	X		CLE	24 Hour Nurse Advice Line: 714-999-3884	Spanish Translator Line Available
Anaheim	Kaiser Permanente Hospital 714-644-5694 www.kaiserpermanente.org	X	X	X	x	X	X	IBCLC	English 714-644-5604 See 1-1 M-F by appt	Spanish
Anaheim	UCI Health, Anaheim Family Health Center 2441 W. La Palma Ave., Suite 100 714-491-4424		X					CLC	M-F 1:00pm – 2:00pm No appointment needed UCI Birth moms only	Spanish
Fountain Valley	Fountain Valley Regional Hospital * 714-966-7200 www.fountainvalleyhospital.com	X	X		x	X		CLE, IBCLC	Lactation Nurse: 714-966-8151 OB 714-966-8073- BF Helpline	Spanish/Vietnamese/Chinese
Fountain Valley	Fountain Valley Regional Hospital New Mother Support Group 1190 Warner Ave, Suite 214B Fountain Valley, CA 92706	X	X	X		X	X	CLE	Meets every Friday from 1:00pm – 2:00pm	To register for the event: www.fountainvalleyhospital.com/events
Fountain Valley	Orange Coast Memorial Medical Center 714-378-7612 www.memorialcare.org/orange_coast	X	X	X	X	X		IBCLC, CLE	714-378-7612	Vietnamese
Fullerton	St. Jude Medical Center 714-626-8528 www.stjudemedicalcenter.org	X	X	X		X		CLE, IBCLC	714-626-8528 Private Consultations: 714-446-5622	Interpreter available

Orange County Breastfeeding Resources

City	Provider Name/Contact Information	Services				Multicultural Education Materials	Electric Pumps Rent/Loan	*Credentials CLE, CLC, IBCLC	Breastfeeding Helpline	Additional Languages
		Prenatal	Postpartum	1:1 Counseling	Peer Counseling					
Hospital-Based Breastfeeding Resources <i>(Most breastfeeding classes are online until further notice) *Denotes in person classes</i>										
Garden Grove	Garden Grove Hospital Class enrollment 714-537-5160 www.gardengrovehospital.com		X	X		X	X	IBCLC, CLE		Spanish
Irvine	Kaiser Permanente Hospital 949-932-5892 www.kaiserpermanente.org	X	X	X		X	X	CLE, IBCLC	949-932-5892	Spanish/Vietnamese/Farsi/Others
Laguna Hills	Saddleback Memorial Medical Center Class enrollment 949-452-7255 www.memorialcare.org/saddleback Mom's Support Group (949) 452-7255 –call for dates & times http://www.ocmommies.com/page/support-groups-local	X	X	X		X		IBCLC, CLC	949-452-7377 Outpatient M-F by appt	
Mission Viejo	Mission Hospital Class enrollment 877-459-3627 www.mission4health.com	X	X	X		X	X	IBCLC	949-365-2229 opt 3	Spanish
Newport Beach	Hoag Hospital Class enrollment 949-764-5940 www.hoaghospital.org	X	X	X		X	X	IBCLC	949-764-2229 9 a.m. – 5 p.m. M-F	Spanish, Chinese

Orange County Breastfeeding Resources

City	Provider Name/Contact Information	Services				Multicultural Education Materials	Electric Pumps Rent/Loan	*Credentials CLE, CLC, IBCLC	Breastfeeding Helpline	Additional Languages
		Prenatal	Postpartum	1:1 Counseling	Peer Counseling					
Hospital-Based Breastfeeding Resources <i>(Most breastfeeding classes are online until further notice) *Denotes in person classes</i>										
Orange	Children's Hospital of Orange County 714-997-3000 www.choc.org/community			X		X	X	CLE, IBCLC		Spanish
Orange	St. Joseph Hospital * Class enrollment 714-744-8764 www.sjo.org/maternity	X	X	X		X	X	CLE, IBCLC		Spanish
Orange	UCI Medical Center Class enrollment 877-824-3627 www.ucirvinehealth.org	X	X	X		X		IBCLC	714-456-3920	Spanish/Vietnamese

Orange County Breastfeeding Resources

Online Resources

General Breastfeeding Information

<https://wicbreastfeeding.fns.usda.gov/>

<https://www.cdc.gov/breastfeeding/index.htm>

<https://www.womenshealth.gov/breastfeeding>

Breastfeeding & Medications

<https://www.infantrisk.com/>

<https://mothertobaby.org/>

Lactation Accommodation

<https://www.cdph.ca.gov/Programs/CFH/DMCAH/Breastfeeding/Pages/Lactation-Accommodation.aspx>

Data & Reports

<https://www.cdph.ca.gov/Programs/CFH/DMCAH/Breastfeeding/Pages/Data.aspx>

https://www.who.int/health-topics/breastfeeding#tab=tab_1

Advocacy

<http://californiabreastfeeding.org/>

Compiled By: County of Orange Health Care Agency, Public Health Services; Orange County Breastfeeding Coalition; Orange County WIC Programs. **Disclaimer:** The workgroup developed the list to help identify breastfeeding resources in Orange County. The workgroup does not endorse the programs listed or verify that the information provided by the programs is accurate. Providers using the list accept full responsibility from the use of this list. Users should contact the provider for additional information. **Last Updated: October 2021** CLE: Certified Lactation Educator; CLC: Certified Lactation Consultant; IBCLC: Internationally Board Certified Lactation Consultant