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11:30 a.m. to 1 p.m. PST

# Breastfeeding Support Strategies for Late Preterm Infants

## CALIFORNIA HOSPITAL BREASTFEEDING SUPPORT: KEY CONCEPTS WEBINAR SERIES

This webinar series is for California Perinatal Hospitals implementing change related to California Health & Safety Code 123367. Each session offers expert information, showcase of successful hospital practices, facilitated shared learning and state-of-the-art resources.

*Who should attend: Lactation Consultants, NICU Nurses, Obstetrical Nurses, Nurse Midwives*

### ABOUT THE TRAINING:

Late-preterm infants (born between 34 and 37 weeks gestational age) have higher morbidity and mortality rates than term infants (GA  $\geq$ 37 weeks) due to their physiologic and metabolic immaturity, even though they are often the size and weight of some term infants.

Late-preterm infants have higher rates of hospital readmission during the neonatal period than do term infants. They also face significant developmental challenges which may impede chest/breastfeeding success.

This webinar provides clear, simple, evidence-based solutions and effective feeding techniques lactation consultants, nurses and other clinical care providers can use to support late-preterm infant feeding.

### OBJECTIVES:

1. Recognize the late preterm infant gestational age and general characteristics.
2. Know the organ most responsible for difficulties with late preterm chest/breastfeeding.
3. Identify feeding tools which can help late preterm infants overcome chest/breastfeeding difficulties and be able to state how these tools increase chest/breastfeeding success.
4. Describe the milestones late preterm infants need to reach to be able to exclusively chest/breastfeed.

### FACILITATOR: Sandra Cole, RN, IBCLC

Sandra is the author of "Breastfeeding Challenges Made Easy for Late Preterm Infants." She previously held the National Certification for High-Risk Neonatal ICU for 30 years, specialized in late preterm feeding issues as a private practice lactation consultant, then was a staff lactation consultant, lead consultant, and then Supervisor for the lactation department at Sharp Mary Birch Hospital for Women & Newborns in San Diego, CA, which delivers over 7500 babies per year.

Register here: [cabf.link/LatePretermSupport](https://cabf.link/LatePretermSupport)

**Continuing Education Units:** The California WIC Association is offering units for RNs (Contact Hours), RDs (CPEUs) and IBCLCs (CERPs). Provider approved by the California Board of Registered Nursing, Provider Number CEP 16525. Provider approved by CDR, Provider Number CA004. Provider approved by the IBLCE, Long Term Provider Number CLT115-01. CERPs/CPEUs/Contact Hours are pending approval.

Sponsored by the WIC Regional Breastfeeding Liaison Program of Alameda County

Questions? Please email [Jeanne.Kettles@acgov.org](mailto:Jeanne.Kettles@acgov.org) or call 510-393-9632