

Save the Date



Tulare Kings Breastfeeding Coalition Lunch & Learn



May 14, 2024



11:30am - 1pm



Zoom or
Kings County Health
Department Room 505

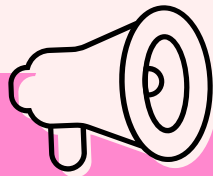
Topic: Perinatal Mood and Anxiety Disorders & Lactation

Presented by: Alexandra Addo-Boateng Ed.D Psy.

Director of Perinatal Mental Health Service - California Health Collaborative

Objectives:

- Identify 3 symptoms of Perinatal Mood and Anxiety Disorders (PMAD)
- Identify 2 risk factors related to perinatal emotional distress or developing a Perinatal Mood and Anxiety Disorders (PMAD)
- Explain 1 way to support the lactating parent with Perinatal Mood and Anxiety Disorders (PMAD)



**REGISTER
NOW!**

Click here for
IN-PERSON



Click here
for ZOOM



Free Continuing Education Hours provided by
Kings County Department of Public Health
Provider approved by the California Board of Registered Nursing Provider
CEP #07603 for 1 contact hour

Deadline to register for
in-person 5/07/2024

Deadline to register for
Zoom 5/14/2024



Tulare Kings County Breastfeeding Coalition:
<https://www.facebook.com/TulareKingsCountyBreastfeeds>